



# JULY

**SUN MON TUE WED THU FRI SAT**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
	<b>D&amp;I: 4th of July</b>		<b>MyPlate Cards</b>			
2		<b>Holiday</b>				
	<b>Your Time to Shine: D'Angello</b>				<b>ILS: First Aid Prep</b>	<b>First Aid Training</b>
9						
	<b>Art Night</b>		<b>Housekeeping Workshop</b>			<b>ILS: Social/Public Etiquette</b>
16						
	<b>VA Beach Aquarium</b>				<b>Craft Night</b>	<b>BINGO</b>
23						
	<b>ILS: Grocery Shopping Prep</b>					
30						

**QR Code to RSVP**



**Zoom Events Start @ 5:30 PM & open 15 mins before**  
**\*\*ILS= Independent Living Skills\*\*/D&I="Diversity & Inclusion"**